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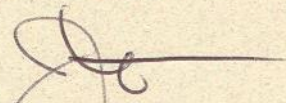
To Whom It May Concern:

Jim Donak has been an Instructor at the Acupressure Institute for over 10 yrs. The classes that he teaches for AI cover Anatomy, Physiology, Kinesiology & Neuromuscular Function. While Jim teaches our introductory A & P class at times (we have 4 Instructors available to teach that course), he shines most brightly in teaching our upper level anatomy and applied anatomy courses (where he is the Core Instructor). Jim's in depth understanding of course material and his passion for sharing it is a large part of what draws students to take his classes. Jim's experiential depth and breadth, his years of study combined with his years of practice with a huge variety of structural and movement issues make him a true expert in the field. Jim's greatest gifts are his ability to excite students about the wonders of the human form along with his ability to help them move towards mastery of the material. This is readily apparent in the transformations that happen for students initially intimidated by the details of anatomy and the rigors of "hands on" science. Jim's classes are fun, educational and endlessly creative endeavors. Our students regularly report that Jim is able to help them understand the course material in ways that allow them to get a grasp of the underlining principles, enable them with tools to facilitate self-study, and encourage them to make practical use of the knowledge in their lives and practices.

In short, I whole heartedly and strongly recommend Jim Donak as a teacher of Anatomy, Physiology, Kinesiology and Neuromuscular Function. Should you be lucky enough to have Jim teach for you, I am sure you and your students will be very pleased and very well served.

If you want or need further information on my recommendation of Jim Donak, please feel free to call me at (510) 845-1059.

Sincerely,



Joseph Carter, L. Ac.
Director

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www.AcupressureInstitute.com