

Vicky Wright
Expression of Health
Craniosacral Therapy & Rolf Practitioner
London

15th November 2019

Letter of Recommendation - Jim Donak

To Whom It May Concern;

From my work in the therapeutic field & as an aerial teacher based in the UK, I have got to know Jim Donak's work as an aerial trainer and anatomist.

My experience of his approach both in workshops at The National Centre of Circus Arts in London and through professional discussions around anatomy & principles on training have been the highest quality I have encountered.

I recommend his approach and find his teaching style highly engaging and methodical. I look forward to continuing to collaborate with him, to develop new work & extend knowledge in applying anatomy to functional movement & training.

Kind regards,

Vicky Wright

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